

Your pre- surgery instructions are as listed:

PATIENT INSTRUCTIONS PRIOR TO SURGERY

1. Please eat a light meal BEFORE your appointment UNLESS otherwise specified by the doctor.
2. Please DO NOT drink or take the following for 72 hours PRIOR to surgery (unless specified by your physician or treating doctor): Blood thinners (e.g. Coumadin, Aspirin, Plavix, Ibuprofen), alcohol, caffeine, Celebrex, garlic, herbal supplements, ginkgo biloba.
3. IF TAKING OTHER MEDICATIONS PRESCRIBED BY YOUR PHYSICIAN, CONTINUE TAKING THEM AS INSTRUCTED (e.g. blood pressure medications, diabetic medications). **BUT PLEASE NOTIFY OUR OFFICE OF YOUR MEDICATION LIST OR IF YOUR MEDICATION LIST HAS CHANGED, SO WE MAY BE PROPERLY PREPARED FOR YOUR SURGERY.**
4. Wear loose, comfortable clothing so that the blood pressure and pulse (vitals) can be taken and monitored prior to and during the procedure.
5. Feel free to bring your electronic headset/iPod to listen to during the procedure.
6. We do not advise that you fly in or out of country within 1 week of the surgical procedure.
7. **Please feel free to call the office if you have any other questions prior to your surgical appointment, regarding your procedure, new medical history information or medications, colds or other ailments. Keeping us updated and posted of all new information will help us ensure your procedure is a smooth one.**

Name: _____

Date: _____