



223 W. Jackson Blvd., Suite 1275
Chicago, IL 60606
(312)588-0112

Oral Sedation Information And Consent Form

Alparazolam (Xanax) and Diazepam (Valium) are medications that can greatly minimize dental anxiety. In a relaxed state, you will be able to communicate while treatment is being performed. Although it is safe, effective, and wears off after the dental visit, you should be aware of some of the important precautions and considerations.

1. DO NOT DRIVE after you've taken the medication. The peak effect occurs between 1 and 2 hours. After that, it starts wearing off and most people feel normal after 6-10 hours. For safety reasons and because people react differently, you should not drive or operate machinery for 24 hours.

2. This medication should not be used if:

- A. you are hypersensitive to benzodiazepines (Valium, Ativan, Versed, etc.)
- B. you are pregnant or breast feeding
- C. you have impaired liver and or kidneys
- D. you have a history of drug abuse
- E. you are under 18 years old
- F. you have a history of depressive disorder, narrow-angle glaucoma, myasthenia gravis, are contraindicated to take Xanax (Alprazolam).

3. Side effects may include light-headedness, headaches, dizziness, visual disturbances, and nausea. In some people, oral sedations may not work as desired. Many people will not remember all of the procedures.

4. Smokers will probably notice a decrease in the medication's ability to achieve desired results.

5. You should not eat heavily prior to your appointment. You may take the medication with a small amount of food, such as juice, toast, etc. Taking it with too much food can make absorption into your system unpredictable.

6. When at home, someone should stay with you for the next several hours because of possible disorientation and possible injury from falling.

If you have any questions please call the office at **312-588-0112**.

I UNDERSTAND THESE CONDITIONS. I HAVE HAD AN OPPORTUNITY TO ASK QUESTIONS AND HAVE THEM ANSWERED TO MY SATISFACTIONS.

PATIENT'S SIGNATURE

DATE

WITNESS

DATE